



2019 NSO High Plan Option

Medical Coverage – High Plan	You Pay
Deductible	\$0
Hospitalization	\$0
Emergency Room	\$0
Skilled Nursing Facilities	\$0
Hospice Care	\$0
Physician and Outpatient (Part B)	\$0
Foreign Travel	\$250 plus 20% up to \$50K Max Benefit

Non Medicare Covered Benefits	You Pay
Hearing Services - Annual Maximum Benefit Allowance \$1000	
Hearing Exam	\$25 copay
Hearing Services (fitting, evaluation, two hearing aids- every 3 years)	\$50 copay
Vision Services - Annual Maximum Benefit Allowance \$500	
Vision Exam	\$25 copay
Vision Services (one pair of glasses per year or 12 month supply of contact lenses)	\$50 copay
Chiropractic Services	\$25 copay (\$500 annual maximum benefit allowance)
Acupuncture Services	\$25 copay (\$500 annual maximum benefit allowance)
Annual Physical Exam	\$25 copay
PRIVATE DUTY NURSING Up to a maximum of 3 shifts per day consisting of at least 3 consecutive hours of nursing care per shift	\$20 copay per shift (calendar year MOOP \$500, then 100% thereafter)

AGE	RATE PER MONTH
65-69	\$195.88
70-74	\$224.92
75-79	\$253.47



2019 NSO Low Plan Option

Medical Coverage – Low Plan	You Pay
Deductible	\$185
Hospitalization	\$0
Emergency Room	\$50
Skilled Nursing Facilities	\$0
Hospice	\$0
Physician and Outpatient (Part B)	\$10
Foreign Travel	\$250 plus 20% up to \$50K Max Benefit

Non Medicare Covered Benefits	You Pay
Hearing Services - Annual Maximum Benefit Allowance \$1000	
Hearing Exam	\$25 copay
Hearing Services (fitting, evaluation, two hearing aids- every 3 years)	\$50 copay
Vision Services – Annual Maximum Benefit Allowance \$500	
Vision Exam	\$25 copay
Vision Services (one pair of glasses per year or 12 month supply of contact lenses)	\$50 copay
Chiropractic Services	\$25 (\$500 annual maximum benefit allowance)
Acupuncture Services	\$25 (\$500 annual maximum benefit allowance)
Annual Physical Exam	\$25 copay

AGE	RATE PER MONTH
65-69	\$160.21
70-74	\$186.84
75-79	\$214.05
80+	\$223.36

Please reference announcement letter for Labor First contact number

